



CHOOSING A CLUB

“What factors will help my player develop and stay in the game long-term?”

LEAGUE QUALITY

Our non-ECNL teams compete in the RCL—one of the region’s most stable and competitive environments. Its depth and structure provide consistent competition across divisions, primarily local travel, and flexible placement based on team level rather than labels. The result: every team—Red, White, Blue, and West—plays meaningful games that drive real development, with a level of balance and stability not all leagues can match.

Did you know?

- RCL divisions are consistently strong top-to-bottom and made up of the most established clubs in Washington.
- We never pressure or rush players to commit to a team. We want families to make informed decisions.

TRAINING ENVIRONMENT & COACHING

Our teams train within a deep, connected player pool—surrounded by committed players and families and guided by an experienced, aligned coaching staff. Sessions are structured, competitive, and consistent, creating a more demanding, growth-focused environment than being a top player on an isolated “A” team at a smaller club.

Did you know?

- Eastside FC age groups are deep and competitive which inspires player development and healthy competition
- Eastside FC has the highest coaching standards and qualifications in the region.

CLUB INFRASTRUCTURE

Eastside FC is a full development system—not just a collection of teams. Players train within a shared technical framework, led by experienced, licensed coaches, in consistent, high-quality environments, with integrated support through programs like College Pathway, Leadership Academy, and Promise Programs. This alignment across age groups and levels gives players the resources, guidance, and visibility to progress within the game.

Did you know?

- Our training schedules and locations are consistent—some of the best youth facilities in the region.
- We have a unified curriculum, consistent standards with high-quality training and technical development across our teams.

MOVEMENT AND OPPORTUNITY

Team placement is not a fixed endpoint—it’s part of a broader pathway. Players regularly train, play, and move between teams; strong performers are elevated, and late developers are actively identified and supported. Many players who start on Red, White or West teams progress to ECNL RL, ECNL, and beyond, with opportunities extending to college soccer and even MLS academy environments. The focus is on long-term growth, with multiple entry points to reach a player’s potential within one club structure.

Did you know?

- RCL players routinely advance to ECNL and ECNL RL teams at Eastside.
- We have produced hundreds of NCAA recruits and more than 75 players promoted to MLS academies and several national team call-ups.

50+ YEARS OF COMPETITION AND PROVEN PLAYER DEVELOPMENT

As a stable, player-first club, we are committed to developing players for the long term—not just winning in the moment.

- 50+ years rooted in the community
- A 501(c)(3) non-profit built on player development
- No pressure. No rushed decisions.
- Rosters sized for development—not stockpiling.
- One club-wide platform—consistent standards, support, and infrastructure across every team.

