



# FOLLOW ALONG



## EFC CUP SOCIAL MEDIA

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\*Use these hashtags: #EFCcup #EFCcup23#EFCcupREDdiv

\*Send in all videos & photos to: [media@eastidefc.org](mailto:media@eastidefc.org)

## DAILY CONTESTS TO WIN PRIZES:

SEND IN YOUR 10 SEC OR LESS VIDEO  
TO [MEDIA@EASTSIDEFC.ORG](mailto:MEDIA@EASTSIDEFC.ORG) EACH DAY TO WIN

\*Goal of the Day

\*Save of the Day

\*Celly of the Day

## SCAVENGER HUNTS TO WIN PRIZES

CLUES WILL BE IN OUR INSTAGRAM STORIES DAILY

## TEAM PHOTO CONTESTS

POST & TAG EFC WITH YOUR MOST CREATIVE TEAM PHOTO

